

Anne Dutton, LCSW  
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New Haven, CT 06511  
Phone: (203) 308-0002

## **FEES AND POLICIES**

### **Fees:**

You and I will discuss and agree on the fee for a 50-minute psychotherapy session or a 100-minute integrative therapy session during the initial in-person consultation. Integrative therapy sessions may include talk therapy (psychotherapy), yoga therapy and mindfulness or other kinds of meditation. Payment is due at the time of the session.

I accept cash or check. If you prefer to pay electronically using a credit card, I use Ivy Pay which is HIPAA-compliant for privacy. I do not accept insurance, but I am happy to provide you with a receipt of payment if you would like to seek reimbursement from your insurance company. I am also happy to discuss a fee reduction for on-going treatment if you cannot pay my full fee.

### **Cancellations and Missed Appointments:**

If you need to cancel or change the length of an appointment, please call or text me at the above phone number at least 24 hours in advance. If you request it, I will make every effort to reschedule your appointment. I will not charge you for the missed session, as long as missing or changing sessions is not a regular pattern. With less than 24-hour notice, you will be charged for the full session as originally scheduled.

I recognize that sometimes severe weather, illness or family emergencies make it difficult to cancel in advance. I may decide not to charge you in exceptional circumstances such as these. This will be decided on a case-by-case basis.

### **Special Considerations for Legal Situations:**

In the context of legal matters such as child custody, the services I provide are considered treatment, not evaluation. My role is to offer everybody in the family a neutral place to express their feelings, not to make decisions about custody. With your written permission, I can provide written information to the courts and speak with court personnel by phone free of charge.

Unless I have your written permission, I will not share information about your treatment with the court, unless ordered to do so by a judge. The court employs other professionals to do custody evaluations, so it is unlikely that I will be asked to come to court in person. However, if you or your attorney would like me to testify in court or participate in a deposition, I will charge \$250 per hour.

Client Signature

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Printed Name

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Date

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